

Mini--rugby is SAFE, FUN & HEALTHY
for kids! It's inexpensive too!

Training sessions run every Thursday night at 5:30pm from February to May. In addition, there will be a Jamboree every 3rd Sunday from 10-12 am

Boots or runners

Regular soccer boots are ideal for mini rugby,
runners are ideal in dry weather

Mouthguards

All players should wear a properly fitted mouthguard
(available from coaches)

Clothing

Wear warm clothing

Children's club jerseys, shorts and socks are available
for purchase but are not a requirement. Dress for the weather!



RICHMOND RUGBY FOOTBALL CLUB

Playing Field -King George Park

For more info contact Graham Haigh

Richmondrugbyjuniors@gmail.com

Website - www.richmondrugby.ca



MINI-RUGBY

SAFE, EXCITING & FUN



Tall or short, fast or not so fast, big or little, girl or boy, there's a place for you to have great, safe fun playing MINI RUGBY, the world's fastest growing team sport for kids.